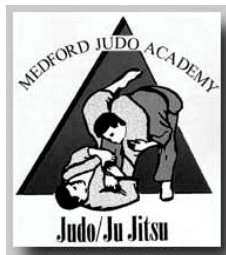


Professor Larry Nolte - Rokudan Δ Kids Class 6pm-7pm every Tuesday and Thursday Δ Sensei Troy Shehorn - Godan



Medford Judo Academy

Since 1960

535-4263

104 W. 1st St.

Phoenix, OR

www.medfordjudo.com

Kids Class Rank Requirements

(Each rank includes all prior requirements, rolls and falls, and general knowledge of Dan Zan Ryu Jujitsu.) (White Belt = Jukyu)

Yellow Belt (Kukyu)

3rd degree	Deashi Harai O Soto Gari	Yawara 1 – 8
2nd degree	Ko Soto Gari Ko Uchi Gari O Uchi Gari O Goshi	Yawara 9 – 12
1st degree	Uki Goshi Soto Gama Uchi Gama	Yawara 13 – 16

Orange Belt (Hachikyu)

3rd degree	Seoi Nage Ushiro Goshi Kubi Hage	Yawara 17 – 19
2nd degree	Seoi Goshi Maki Komi	one variation of Yawara 1 – 10
1st degree	Morote Seoi Nage Morote Seoi Goshi Uki Otoshi	one variation of Yawara 11 – 19

Purple Belt (Shichikyu)

3rd degree	Tsurikomi Goshi Yama Arashi	2-3 variations of all Yawara
2nd degree	Ate Mi 1 – 8 Keri Te 1 – 6 Uke Te 1 – 4	<i>Basic "I" Kata:</i> Heion Kata #1
1st degree	Tai Otoshi Towara Gashi O Soto Garuma	<i>2 Karate Katas:</i> Chin Ji and Ton Gun

YAWARA (Soft Techniques)

- | | | |
|------------------------|----------------------|-----------------------------------|
| 1. Katate Hazushi Ichi | 8. Yubi Tori | 15. Ryoeri Tori |
| 2. Katate Hazushi Ni | 9. Moro Yubi Tori | 16. Akushu Kote Tori |
| 3. Ryote Hazushi | 10. Katate Tori | 17. Akushu Ude Tori |
| 4. Morote Hazushi | 11. Ryote Tori | 18. Akushu Kotemaki Tori |
| 5. Yubi Tori Hazushi | 12. Tekubi Tori Ichi | 19. Kubi Nuki Shime |
| 6. Momiji Hazushi | 13. Tekubi Tori Ni | 20. Hagai Shime (for adults only) |
| 7. Ryoeri Hazushi | 14. Imon Tori | |