

Medford Judo Academy

Student Research Project

Name: _____

Date: _____

Current Rank: _____

A.J.J.F. No. _____

Directions:

This student research project was specifically designed to help our students to learn martial arts terminology and the history of DZR, the AJJF and the MJA. As a student of the Medford Judo Academy it will be your responsibility to research and find the answers to the following questions. Many of the answers maybe found posted on the walls of the school, from Professor Nolte, the black belt instructors, the MJA and AJJF websites, and the Kiai Echo (the AJJF quarterly magazine).

You will need to three-hole punch these pages and place them in your jujitsu notebook. Your notebook will be checked by Professor Nolte, or his designated black belts, when you test for the different lower level belt ranks. You will also be verbally quizzed on these questions during your belt examinations. This project must be accurately completed and placed in your notebook prior to testing for ikkyu (1st degree brown belt).

SECTION ONE – History of Professor Okazaki

1. What was Professor Okazaki's full name?

2. Where (country) and when (date of birth) was Professor Okazaki born?

3. In what year did Professor Okazaki move to Hawaii? _____

4. What was the name of Professor Okazaki's school and where was it located?

5. In what year did Professor Okazaki open his dojo? _____

6. What major illness was Professor Okazaki diagnosed with?

7. What did Professor Okazaki contribute to his recover from this illness?

8. In 1922, Professor Okazaki defeated an American heavy weight boxing champion in a challenge fight. Who was the boxer and what technique was he defeated with?

Name: _____

Technique: _____

9. In 1924 Professor Okazaki received the black belt rank of _____
From Jigoro Kano, the founder of martial arts system of _____

10. What arts were routinely practiced by Professor Okazaki and his students after?
each training session? _____ and
what kind of arts are these? _____

11. Name at least five martial art systems that Professor Okazaki studied.

1. _____

2. _____

3. _____

4. _____

5. _____

12. Where (location) and when (date) did Professor Okazaki die?

Where: _____ Date: _____

13. Who was appointed to take over Professor Okazaki's dojo after his death?

14. Where would you find the quotation, "Anyone who practices judo should neither be afraid of the strong or despise the weak."?

SECTION TWO – DZR & AJJF History & Information

1. What do the initials DZR stand for?

2. What do the initials AJJF stand for?

3. When (year) was the AJJF incorporated and where (location)?

4. What is the meaning of Danzan?

5. Approximately how many years as DRZ been a ryu? _____

6. Who were the four founders of the AJJF? List first and last names.

1. _____

2. _____

3. _____

4. _____

13. What is the purpose and function of the BOP? _____

14. What benefits does the AJJF provide for its members? List at least 6 benefits.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

15. Who is the Senior Professor of the AJJF and what is his rank?

16. The basic curriculum of the AJJF includes three levels of training. List the name of each level and the name of the "board" or arts that are included in that level.

LEVEL 1: Name: _____

Boards/Lists 1: _____

2. _____

3. _____

4. _____

LEVEL 2: Name: _____

Board/List 1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

LEVEL 3: Name: _____

Board/List 1. _____

2. _____

3. _____

4. _____

17. List at least four other DZR organization besides the AJJF.

1. _____

2. _____

3. _____

4. _____

18. Name at least five DZR Professors, other than the founders of the AJJF, who had been direct students of Professor Okazaki. List first and last name.

1. _____

2. _____

3. _____

4. _____

5. _____

19. What was the mokuroku and who did Professor Okazaki present it to?

20. List the name of five additional lists of arts that the BOP added to the AJJF curriculum.

1. _____

2. _____

3. _____

4. _____

5. _____

21. On the AJJF shield there is a handshake and the letters "L", "F" and "S". What do them mean?

Handshake: _____

"L" _____

"F" _____

"S" _____

SECTION THREE – MJA History & Information

1. What do the initials MJA stand for?

2. What year was the MJA established?

3. Who was the first sensei of the MJA?

4. Who was the first person awarded a black belt at the MJA and what year did it occur?

Name _____

Year: _____

5. The first MJA classes were held at what location?

6. What is the current jujitsu rank of Professor Nolte?

7. Who is Professor Nolte's sensei and what is his current rank & title?

Name: _____

Rank & Title: _____

8. The students of the MJA develop and maintain the **3-C's** which are?

C _____

C _____

C _____

9. What are the **4-S's** taught at the MJA?

S _____

S _____

S _____

S _____

10. What are the **3-R's** taught at the MJA?

R _____

R _____

R _____

11. Name three senior instructors (sensei) at the MJA and their rank.

1. _____

2. _____

3. _____

12. Three points of the triangle on the MJA uniform patch stand for the development of

1. _____

2. _____

3. _____

13. What are the three principles of jujitsu that are developed at the MJA?

1. _____

2. _____

3. _____

14. If sportsmanship is **KING** at the MJA what is its **LAW**?

15. Under what three circumstances can you use jujitsu?

1. _____

2. _____

3. _____

SECTION FOUR – DZR Terms and Vocabulary

1. Kodengan _____

2. Kodokan _____

3. sensei _____

4. shihan _____

5. sempai _____

6. ryu _____

7. kyu _____

8. dan _____

9. yudansha _____

10. dojo _____

11. tatami _____

12. jujitsu _____

13. hajime _____

14. matte

15. tori

16. uke

17. obi

18. tanto

19. gi

20. kazushi

21. kokua

22. ohana

23. Danzan

24. rei

25. seiza

26. atemi

27. kata

28. kiai

29. randori

30. sutemi

SECTION FIVE – Commonly Used Japanese Numbers

Count from 1 to 10 in Japanese

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____